

# University of Pretoria Yearbook 2021

## Fundamental nutrition 143 (EXE 143)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Health Sciences</a>
<b>Module credits</b>	6.00
<b>NQF Level</b>	05
<b>Contact time</b>	3 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Biokinetics and Sports Science
<b>Period of presentation</b>	Quarter 3

### Module content

\*Closed – requires departmental selection

\*Offered by the Department of Human nutrition for the students in Biokinetics, Sport and Leisure sciences  
Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management.

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